



WHAT: The Methodist Hospital System's fourth annual Stride4Stroke 5K Walk/Run, Houston's only timed 5K event dedicated solely to stroke awareness.

Stroke mortality in the greater Houston area is higher than the national average. Stroke is the third leading cause of death in America and is the leading cause of serious, long-term disability in the United States.

WHEN: Saturday, March 6
7:30 a.m. – Onsite registration begins
8:15 a.m. – Pre-event ceremony begins
9 a.m. – 5K Walk/Run begins

WHERE: Rice University Stadium, 6100 Main Street

Free parking is available in West Lot 4 just inside Gate 8.

For more information on the race, go to www.methodiststride4stroke.com.